

# Blueberry Almond Overnight Oats

## Ingredients

- 1/2 cup rolled oats
- 1/2 cup almond milk
- 2 Tbs. almond butter
- 1/2 tsp. vanilla extract
- 1/2 tsp. ground cinnamon
- 1 cup frozen blueberries, divided
- 1 Tbs. toasted sliced almonds



## Preparation

### Instructions

1. In mason jar combine oats, almond milk, almond butter, vanilla and cinnamon.
2. Stir in 1/2 cup blueberries.
3. Top with remaining 1/2 cup blueberries and sliced almonds.
4. Refrigerate at least 4 hours, or overnight.
5. Stir and enjoy!

<https://www.blueberrycouncil.org/blueberry-recipe/blueberry-almond-overnight-oats/>